



Lipreading for Some Smiles for Many

Directions

Materials needed:

- cotton fabric – 2 different colors/prints: 2 ½" x 25" strips, one for the outside and one for the inside and 1 - 2 ½ " x 10" strip for side binding(can be same or different fabric): Consider using jelly roll strips.
- clear 12 gauge polished vinyl
- 50" twill tape or cotton cord - do not cut
- toothpaste or Dawn dish soap - to keep the vinyl from fogging up. Place a small amount on the vinyl side facing the mouth and rub all over. Let dry completely (20 min) then wipe off. You may need to do this after each time you wash your mask.

CUTTING

- vinyl 2½" x 4½" - (Cut 1)
- fabric
- cut 4 sides 2½" x 2½ " - (Cut 2 of each color)
- cut 2 tops and 2 bottoms 2½" x 10"- (Cut 2 of each color)
- cut end binding pieces (cord pocket) at 2½ x 5" - (Cut 2 of desired binding color)

ASSEMBLY (See diagram below on page 3)

*****NOTE = NO PINS IN VINYL** If necessary, use quilting clips. ALL SEAMS ARE ¼ EXCEPT THE VERY TOP AND BOTTOM. THEY ARE ½". use A MODERATE STITCH FOR ALL SEWING. A SMALL STITCH WILL PERFORATE THE VINYL COMPLETELY. DO NOT BACK STITCH VINYL.*

1. Attach 2 side pieces (1 of each color) to the short end of vinyl by sandwiching the vinyl between fabric with right sides facing. Align all edges. Sew with a narrow seam allowance. **Repeat for the other end, keeping the same color on the same side of the vinyl.**
2. Fold ends out and finger press.
3. ADD the top piece by centering 2 of the 2 ½ "x 10 pieces along the top and sandwiching the vinyl and sides between one of each color with right sides facing. Align raw edges and stitch with narrow seam allowance. This is seam **C**.
4. Finishing the top edge - Using the "burrito" * method to close the top edge **WITH A ½" SEAM allowance.** Trim and turn.
* <https://www.sewsimplehome.com/>
5. **Repeat steps 3 and 4 with the bottom piece.** This is seam **D**.
6. Pleat – Create 2 pleats on each short end by folding seam **C and seam D**. Stitch to secure and finger press each to the center
7. Binding – Using one piece of binding strip (2 ½ "x 5") fold one end in about ½ ". Fold the binding strip in half lengthwise and stitch the raw edge of the binding to the right side of the mask with a narrow seam allowance. As you reach the end fold the binding so edges and corners line up. Trim seam and zigzag. **Repeat on the other end.**
8. Cording - Fold the binding over on to the other side. Lay cording in the fold and stitch. Loop cording around to do the same thing on the other side. **There will be two loose ends on the top and a loop at**

the bottom. Knot each loose end, so cording won't pull through. Stitch piece that is folded over "in the ditch" of the front of the mask. Make sure not to catch cording in stitching. Make sure stitching is secured at each end. (If you prefer the cording can be threaded through after casing is closed.)

